

“Arlington Lamar” ITINERARY-2009

Thur. . September 3rd,

2:30 A & B Teams Get out of class

3:00- A& B Teams leave for The Lamar

4:30- B Team Flex

5:00- B Team KICK-OFF

6:30 A Team Flex

7:00- A Team KICK-OFF

CHAMPIONSHIP THOUGHT :

“CHECK-IN”

“GREEN LIGHTS”

“SO WHAT...NEXT PLAY”